
PARENT COURSE HANDOUTS

Lecture 2—The Developmental Stages

In 1979, Dr. Greenspan described six primary stages of human development and three advanced ones. The functional emotional developmental capacities are these stages or milestones. Since that time the names have been slightly altered but the substance is the same. Below is the current version. [The names of the stages from the film are in brackets.]

1. Attention and Regulation: (Develops between 0-3 months) Your child is calm, has interest in sights, sound, touch, movement, and other sensory experiences, and has purposeful responses to them. [*Attention and Regulation*]
2. Engaging the World: (Develops between 2-7 months.) Your child displays growing expressions that convey intimacy and relatedness. [*Falling in Love*]
3. Two way communication and Interaction: (Develops between 3-10 months.) Your child participates in a range of back-and-forth interactions that involve emotional expressions, sounds, hand gestures, and the like to convey intentions. [*Intentional Communication*]

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Lecture 2—The Developmental Stages (continued)

4. Shared Problem-Solving: (Develops between 9-18 months.) Your child engages in many social and emotional interactions in a rhythmic pattern and understands emotional signaling so as to solve a problem or get a need met. Develops a continuous flow of interaction. [*Emergence of Organized Sense of Self*]
5. Meaningful Use of Ideas: (Develops between 18-48 months.) Your child uses meaningful words or phrases and interactive pretend play with caregivers or peers to convey emotions and ideas. [*Creating Emotional Ideas*]
6. Logical Thinking: (Develops between 3 and 4 ½ years.) Your child builds logical connections between meaningful ideas, needed to answer ‘w’ questions (who, what, where, and why—and how). [*Emotional Thinking*]
7. Multi-Causal Thinking: (Develops between 4 and 6 years.) Your child gives multiple reasons for a feeling or idea and makes simple opinion-based comparisons.

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Lecture 2—The Developmental Stages (continued)

8. Comparative and Gray-Area Thinking: (Develops between 6 and 10 years.)

Your child uses degrees of differences in explaining and comparing feelings, relationships, and objects in nuanced situations.

9. Reflective Thinking (Thinking off an internal standard): (Develops after 9

years and continues to develop throughout life.) Your child evaluates and reflects on feelings, oneself, and events in the world.

Develops internal standards to define this sense of morality.