

## Meltdown Workshop Objectives

Participants will be able to:

- Identify sensory, language, and environmental factors that contribute to meltdowns
- Describe the relationship between language abilities and meltdowns
- Explain the importance of positive child-caregiver and child-therapist relationships
- Discuss the impact of two-way interactions focused on strengthening expressive language, problem-solving skills, and the ability to accurately interpret non-verbal social cues